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Annual Membership Meeting

On Dec 13, 2014, Changes held its first ever Annual Membership meeting. The annual membership meeting is designed to include Changes members in the leadership and financial oversight of this organization. This meeting marks a new waypoint in Changes history, by recognizing the important roles that members play in "giving back" to Changes with their time, abilities, and resources.

Saying Goodbye and Hello to Board members

We are saying goodbye this year to two very important Board members, Bill Hughlett and King Cole. Both men have served Changes for many years and will be missed.

We are saying hello to four new Board members; Rick Ped of Seattle, Ellen Lewis and Linda Deiner of Redmond and Heidi Hutchins of Everett. All seats will be filled with these new additions to our Board of Directors. We are excited to bring aboard these great members.

Annual Survey

*Have you completed your survey? If not, please take a moment to email us at office@cpsn.org and request your survey **TODAY!***

Shoreline Chapter

We have a new location:
Prince of Peace Church
14514 20th Ave NE
Shoreline, WA 98155
Thursdays 7-9:30pm

Changes Committee Highlights

For 20 years, Changes has operated by the generosity of volunteers giving of their time, abilities, and resources. Now, more than ever, Changes needs volunteers to help support and lead this organization into the future.

For the past 9 months our committees have been hard at work. Here are some of their highlights:

- ◆ Program Development & Review: Reviewed and organized Chapter "boxes", Updated Changes 101 essays
- ◆ Fundraising & Events: Awesome Annual Picnic. Located corporate matching programs, Online Auction and Year End Appeal
- ◆ Communications & Marketing: Published new "color" brochure, Attended GiveCamp to work on new website design
- ◆ Outreach: Conducted training Nov 1, Updated High School contacts list

See our new website Feb 10
www.cpsn.org



Changes Brings Hope to Families

A Message from A Member

Stephanie Mannion made this announcement last year at the Redmond Chapter, "As active Changes parents, we stand on the shoulders of parents that have traveled this path before us, learning from their experiences and sharing our experiences with new parents. Continuing the legacy, processes, and resources that Changes offers is our collective responsibility, not something that we can abdicate to the board, or a few active volunteers. Participating in the weekly meetings and on teams is a big part of our legacy of giving back, but more is needed to ensure the long term stability and growth of this organization.

I know how I have benefited incredibly from Changes—those of you who know my story know that it literally saved my son's life, so I want Changes to be available to other struggling families. Our 10th guiding principle asks that each of us give back more than we take, so let's come together to create a stronger organization that will continue to reach those that need the program, process and resources that Changes has to offer."

We Need Your Help

*Have you served on a committee?
Now is the time to be part of the
oversight of this organization.
"Give Back" to Changes TODAY!*

A Changes Valentines Day Dance



Round up Yer Boots And Head to the Hoe Down and Line Dance!

When: Saturday, February 14 7pm-9:30pm

Where: Lake Ballinger Community Center
23000 Lakeview Drive
Mountlake Terrace, WA 98043

Mosey on in for fun, fellowship, and a boot scootin good time!

Ways to Give

The Board of Directors and Fundraising committee have been hard at work finding ways for you to give to Changes. A few ways we have found is to give through your workplace and your shopping.

2015 Year of Events

Feb 14: Valentine's Day Dance

May 5: GiveBig Appeal

June 27: Changes "Stuff" Sale

August: Funding Needs, Presidents Appeal

August: Annual Changes Picnic

Sept 19: Changes Dinner and Auction

Dec 12: Annual Membership Meeting

Fred Meyers offers a program linked to your "rewards" card. Simply sign up for the rewards card, then go on line and link your card to Changes. Last quarter we received nearly \$50. This is found money we did not have before. If you shop online at Amazon, you can also link your purchases to Changes using Amazon Smile.

Some employers will match donations and/or volunteer hours. Boeing and Microsoft are two such companies. We have

received more than \$800 from Microsoft alone. Please check with your employer today to see if they offer matching.

Feel free to email us if you have any questions: office@cpsn.org.