Changing Times enews

Spring 2017

Why Addiction is a Disease, and Why There's Hope

Join us for a free public presentation featuring award-winning addiction specialist, Dr. Kevin McCleary.
March 16, 2017, 7:00 pm
Seattle Public Library – Central, Microsoft Auditorium
1000 4th Avenue, Seattle
Reserve your FREE tickets now

Celebrating Twenty Years of Changes!

We hope you didn’t miss our Roaring Twenties Auction and Gala on October 22nd! This event celebrated 20 years of Changes Parent Support Network. Terri Suzuki, one of the ten co-founders, addressed the eight Changes was created. She shared how she and her friends go to the edge of the edge and talk to friends about how and why Changes is so successful. Terri also shared her family’s current story, asking us to help find the future.
All in all, we made just over $21,000. Thank you Changes parents for attending and bringing revenue to our biggest fundraising event!

Annual Changes Member Meeting

On December 19, 2016 Changes members gathered in Edmonds WA for the Annual Member Meeting. This was a great opportunity for members to have a voice and see where the work that is happening behind the scenes is the various committees made progress throughout this past year. Two of those committees worked especially hard on improving our orientation materials and attendees/volunteers’ testing blend had a chance to preview the new online, orientation flip-chart and script.
Why not join a committee and help make 2017 an even better year?

Changes is on Facebook

Changes often puts the pulse of your local meeting, interesting events, or articles about parenting and addiction. Please like us at http://bit.ly/Changesaurus
Now an idea you think we should post? Send us your idea at info@changes.org

February is Teen Dating Violence Awareness Month

In 2015, nearly 10 percent of high school students in a relationship experienced physical violence by their partner within the past 12 months (CDC, 2015). The impact of witnessing a parent’s addiction to prevent teen dating violence go to http://www.loveisrespect.org for more resources and the latest research.

Fred Meyer Rewards Program

So many Changes members and others have come together for the Changes Reward cards to benefit Changes and make your purchase, that it has become a true stream of funding for us.
Enroll your Fred Meyer Rewards card today. It’s easy and free.

2016 Events Calendar

March 16: Speaker Event “Why Addiction is a Disease, and Why There’s Hope”
August 12: Annual Gala
December: Annual Members Meeting

“I was a basket case when we joined Changes. Our son was using drugs, dealing drugs, and failing school. The group helped me by confronting me about the ways in which I was enabling our son to continue his destructive behavior and they suggested changes I needed to make.”
— father of 15-year-old son

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