What is Changes?

Changes is an active, constructive, self-help method for parents to change their behavior and in turn, their kid’s behavior. Drawing on the wisdom, experiences and support of others, members of our groups develop and enact their own plan for change.

We believe that change must first come from within before parents can effectively help their children.

Typical challenges faced by Changes parents include:

• Substance abuse
• Oppositional/defiant
• Not attending school
• Breaking the law
• Running away
• Violent or abusive
• Gang involvement

Mission

Changes Parent Support Network fosters healthy families by equipping parents with tools and support to change their behavior.

Vision

Changes brings hope to parents in our communities by connecting them to strong, sustainable support.
The work of Changes would not be possible without the support of all our dedicated volunteers. Changes is almost entirely volunteer led and run, and we celebrate the time and talents of organizations and individuals of all backgrounds to achieve our mission.

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**Individual Donations**
- 35%

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- 10%

**Fundraising Appeals**
- 17%

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- 33%

**Business Contributions**
- 5%

**Operational Expenses**
- 33%

**Fundraising Appeals**
- 17%

**Administrative Expenses**
- 67%

**New Parent Orientations**
- 120

**Parent Information Line Calls**
- 290

**Average Meeting Attendance (Quarterly)**
- 222

**Thank You to our Volunteers and Donors**

Volunteers

- Megumi DeSherlia
- Rosemarie Fantham
- Carolyn Fletcher
- Therese Frare
- Marc Gleason
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**Changes**

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